

## CITY OF ROCKS EQUIPMENT LIST

City of Rocks is at 7000 feet, which means you should expect to encounter all of the seasons in one day. In terms of clothing, we recommend bringing an assortment of layers. JHMG can provide all technical equipment: harness, helmets, rappelling devices, carabineers, and more, please just inform the office in advance of your trip of your needs.

Have gear questions? We're here to help! Contact us at 307.733.4979 or info@jhmg.com.

### BASE LAYERS

- Synthetic Top - Guide Pick: Mountain Hardwear Wicked Lite T
- Synthetic Bottoms - Guide Pick: Mountain Hardwear Wicked Lite Bottom
- Synthetic Socks
- Warm Hat: fit under helmet
- Warm Gloves

### OUTER LAYERS

- Puffy Jacket- Guide Pick: Mountain Hardwear Thermostatic Jacket
- Wind Jacket- Guide Pick: Mountain Hardwear Chockstone Jacket
- Rain Jacket - Guide Pick: Mountain Hardwear Plasmic Jacket
- Rain Pants - Guide Pick: Mountain Hardwear Plasmic Pant
- Loose Fitting Climbing Pants - Guide Pick: Mountain Hardwear Chockstone Pant

### WARM WEATHER LAYERS

- Shorts
- T- Shirt Long Sleeve and Short Sleeve
- Sun Hat

### FOOTWEAR

- Durable Approach Shoes - Guide Pick: Salewa Foxfire Pro
- Climbing Shoes
- Flip-Flops

### OTHER STUFF

- 35 to 40 Liter Back Pack - Guide Pick: Mountain Hardwear Hueco 35 Liter Pack
- Two Liters of Water
- Lunch/Snacks
- Sunscreen
- Lip Balm
- Sunglasses
- Extra Contact Lens/Prescription Glasses
- Camera
- Headlamp
- Small First Aid Kit

**CLIMBING GEAR:** If you have your own climbing equipment please bring it. If you do not have the below equipment - we can provide it.

- Harness
- Helmet
- Climbing Shoes
- Belay Device
- Three Locking Carabiners
- 4 Shoulder-Length Slings
- Chalk Bag
- Roll of 2 Inch Athletic Tape

### CAMPING EQUIPMENT

If you are camping with us, you need to bring the following items:

- Insulated Cup
- Bowl
- Spoon
- Sleeping Bag
- Sleeping Pad
- Tent

JHMG will provide the group gear: Stove, Fuel Pots, Pans, Cooking Utensils, 5 gallon water containers.

You will need to bring your own lunches and personal beverages. You will need to make arrangements with your guide and the office for breakfast and dinners along with any dietary food needs and allergies.

